



BUSINESS &
PROFESSIONAL
WOMEN

APRIL 2020

MEMBER NEWSLETTER



Never
give up
stay
Focused
stay
Positive
stay
Strong

APRIL MEETING:

April 14th at 11:45am-1:00pm via ZOOM

APRIL BOARD MEETING:

April 2nd at 12:00pm-1:00pm via ZOOM

SFBPW'S MISSION

To enhance the business and leadership potential
of all women through Networking, Professional,
and Personal Development

**Women are leaders
everywhere you look -
from the CEO who runs
a Fortune 500 company
to the housewife who
raises her children and
heads her household.**

**Our country was built
by strong women and
we will continue to
break down walls and
defy stereotypes.**

Nancy Pelosi

MARCH NEWSLETTER

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2019-2020 BOARD

Sandra Melstad

Kelli Bullert

Megan Brown

Trisha Viss

Angie Wahl

Rebecca Zabel

Sara Misterek

Jenn Folliard

Lori Sisson

Sue Roust

President

Vice President

Recording Secretary

Treasurer

Corresponding Secretary

PDE Committee Chair

Membership Committee Chair

Policy Committee Chair

Immediate Past President

Parliamentarian

PRESIDENT'S MESSAGE

Greetings BPW Members,

March has come and gone and as we look toward April 2020, we are facing uncertain and challenging times. As a long time public health professional, I encourage you to follow the science to stay current on COVID-19 and understand strategies to protect your family and yourself. Visit www.cdc.gov and www.covid.sd.gov to learn more.

Despite this uncharted territory, it is important to continue to support the mission of Sioux Falls BPW, "Enhance the Business and Leadership Potential of all Women through Networking, Professional and Personal Development." To ensure the mission, Sioux Falls BPW is committed to engaging BPW members through:

- April 2020 Meeting Hosted Online
- Keeping you up-to-date and engaged through Facebook and E-mail
- Provide support where needed for any BPW members

Ways you can help the Sioux Falls community is by being a helper and giving back financially or with your time where feasible to organizations that support needy individuals, children, and families impacted by COVID-19, such as [Feeding South Dakota](#), and [One Sioux Falls Fund](#), and even blood donations. Take time to call those in need of support and ear to listen. If you are need of support,

As we move forward in the coming months Sioux Falls BPW is excited to offer scholarships to four deserving applicants to support academic endeavors, as well as a professional development scholarship to support a BPW member in their career. The scholarship deadline for academic support is May 1. If you are interested in application for professional development, please submit a written request along with a copy of your acceptance letter into the program to siouxfallsbpw@gmail.com. Visit the Sioux Falls BPW [website](#) to learn more.

In addition, Sioux Falls BPW Leadership will be changing in June 2020. If you are interested in getting involved in BPW leadership, I encourage you to consider applying. Stay tuned for more details!

I look forward to spring and continuing to engage with you. Please reach out to me anytime. We are all in this together.

Stay safe and healthy!

Best

Sandra Melstad

SFBPW President



EVERYONE CAN HELP RECRUIT AND GROW OUR CHAPTER!

We are always looking to invite new people to our meetings and recruit new members. Don't be afraid to invite a friend!

SIOUX FALLS BUSINESS AND PROFESSIONAL WOMEN ROSTER

Peggy Anderson	
Shalista Anderson	Shalista Photography
Brooke Blaalid	Social Justice Research Institute
Megan Brown	First Bank & Trust
Kelli Bullert	Farm Credit Services of America
Sarah Busse Spencer	SBS Research
Heather Christiansen	Healthy Connections
Deb Cimpl	First Dakota National Bank
Keyes T Clemmer	Prairie Cocoa
Trisha Dohn	Corewell 365
Betty Durfee	
Stacie R Dykstra	Cain Ellsworth & Company, LLP
Kristy Eckhoff-Speck	Lighting A New Way Counseling Services
Casey L Eekhoff	Eekhoff Law, Prof. LLC
Kate Ericson	Mary Wubben Wellness
Kim Erkonen	Awe Financial LLC
Kimberly Fejfar	Mary Kay
Jennifer Folliard	
Crystal Freund	Infinity Appraisal Services, LLC
Alexa Giebink	Great Bear Ski Valley
Mary Ann Giebink	Addiction Solutions 605
Tracy L Gran	New York Life DBA Bloom Financial Services
Lucille Green	
Nicole J Griese	Griese Law Firm, P.C.
Cierra M Haffner	Fully Promoted
Robyn Hansen	Security National Bank of South Dakota
Tiffany Hansen	3 Degrees Sauna Studio
Pat Herman	USD Center for Disabilities
Karen Hieb	Department of the Treasury
<u>Gabrielle Hoing</u>	Kore Cares
Maria Hopkins	Maria Hopkins Real Estate at Hegg Realtors
Sharese Ihnen	The Select Team Hegg REALTORS, Inc
Dona Mae Johnson	BankWest Mortgage
<u>Melanie Keegan</u>	Thrivent Financial
Kylie R Keiser	Kinesio Care Center
Mary G Keller	Keller Law Office

Michelle Klobassa	TSP
Donna Kuper	Kuper Complete Accounting
Sherry Kurtz-Anderson	Lead to Inspire
Carlie Larson	Ripple Marketing
Courtney J Lens	Numbers & Such Prof. LLC
Felan Link	Legacy Law Firm, P.C
Stacey M Loen	Isagenix
Valerie Loudenback	Grand Prairie Foods
Sladjana McCord	Oien Family Chiropractic
Charity McKnight	Hegg Realtors
Sandra Melstad	SLM Consulting LLC
Maggie Miller	Hegg, REALTORS
<u>Sara Misterek</u>	Starmark Cabinetry
Leslie Morrow	Alzheimer's Association
Marilyn Moser	LifeVantage
Laurie Nelson-Moe	Whole Life Balance Coaching
<u>Maureen Ohm</u>	MarketBeat
Ruth Parkhurst	Hegg Realtors
Emily Pogue	Emily Pogue Freelance Writing
Dee Dee Raap	JourneyWorks Speaking & Training
Jennifer M Reecy	The First National Bank in Sioux Falls
Monica Rilling	Time Management Systems
<u>Jennifer Rothenbuehler</u>	Presentation Sisters
Sue Roust	
Cindy Schoppert-Pickett	Schoppert's Piano Gallery
April Shannon	CorTrust Bank
Cindy D Shuck	CHS
Lori Sisson	Farm Credit Services of America
<u>Deb Snelling</u>	CorTrust Bank
April Tellers	Raspberry Mills
Trisha Viss	Dacotah Bank
Tyana Viss	Sioux Falls Federal Credit Un-
Angie Wahl	J.Wahl Home Inspection
Michele Wiggs	Make-A-Wish South Dakota
Rebecca Zabel	Prairie Family Business Association

COMMITTEES FOR THE SIOUX FALLS BUSINESS & PROFESSIONAL WOMEN

Below are brief descriptions of our various committees. Committees and chairperson are established when the fiscal year begins in July.

Information on the type of help a committee needs will be found throughout the year in the chapter's monthly newsletter. But, if you see something you are interested in or would like more information on, contact the chairperson listed on the following page.

Executive

The elected officers, immediate past president, appointed parliamentarian and committee chairs of the organization shall constitute the executive committee.

Membership

The membership committee is responsible for recruiting new members, encouraging member participation and involvement in BPW activities, arranging locations and menus for member meetings, notifying all members of meetings, collecting meal payments, welcoming members and guests, coordinating public relations, including maintaining the organization's website, social networking outlets, and informing local media of BPW programs and events, and hosting social and networking opportunities for members.

Subcommittees

Hospitality

Assists with coordinating meals and accommodations for meetings and events, greets & registers members & guests at events

Holiday Party

Coordinates December membership meeting/holiday party including meal, speaker/activity and designated charity.

Social

Keeps the chapter's website and Facebook page content current. Check's Chapter email.

Golf Outing

Plans the golf tournament, which raises funds for the chapter.

Professional Development

The professional development committee is responsible for scheduling speakers and programs for monthly membership meetings, planning and facilitating the Professional Development Program, providing leadership development and mentoring opportunities for members, awarding annual scholarships in accordance with the bylaws.

Subcommittees

Professional Development Program

Coordinates professional development speaker series for SF BPW fundraiser.

Leadership

Coordinates leadership development including but not limited to mentoring opportunities.

Meeting Agenda

Selects topics/speakers and networking activities for monthly membership meetings.

Scholarship

It shall be the duty of the Sioux Falls BPW Scholarship Fund Committee to determine the recipients of annual scholarship(s) for women pursuing post-secondary education. The committee will consider both financial need and academic achievement when awarding the scholarships

Finance/Audit

The finance committee shall review the proposed needs of BPW throughout the year and prepare an annual budget for the organization, have general supervision of all expenditures, and assist the organization in developing a sound financial policy. The committee shall audit the treasurer's records after the close of the fiscal year and prior to the August meeting, and shall report to the organization at the August regular meeting.

Nominating

A Nominating Committee shall consist of three members, one of whom shall be a member of the Board of Directors. The Chair and one member, who shall not be members of the Board, shall be elected at the Annual Meeting. Nominations for these offices shall be made by the current Nominating Committee. The other member shall be appointed by the Board of Directors at the first regular meeting following July 1.

Policy

2019-2020 COMMITTEE CHAIRS & MEMBERS

Committee volunteers are welcome and appreciated!
Contact committee chairs or Sandra Melstad for more information

Executive

Sandra Melstad, Kelli Bullert, Megan Brown, Trisha Viss, Angie Wahl, Rebecca Zabel, Sara Misterek, Lori Sisson, Sue Roust

Membership

Chair—Sara Misterek

Subcommittees **Hospitality**

Holiday Party

Chair—Maureen Ohm Members—

Social

Golf Outing

Chair—Sandra Melstad Members—

Professional Development

Chair—Rebecca Zabel

Subcommittees

Professional Development Program

Chair—Rebecca Zabel Members: Melanie Keegan

Leadership

Meeting Agenda

Scholarship

Chair—Robyn Hansen. Members: Maureen Ohm

Finance/Audit

Chair—Stacie Dykstra. Member: Robyn Hansen

Nominating

Policy

Chair—Jenn Folliard Members: Alexa Giebink, Mary Giebink

CHAPTER HIGHLIGHTS

MARCH MEMBERSHIP MEETING

The Five Minute Speaker at our March meeting was April Tellers, a REALTOR with eXp Realty. She spoke about how to get the best investment for your real estate dollar, including what to look for, what to avoid, and some of the easy fixes for sweat equity.



April Tellers

Our Featured Speaker was Michelle Fallon with the Good Samaritan Society. She spoke to us about Situational Leadership, touching on the importance of flexibility in leadership, partnering for performance, and recognizing motivation vs. commitment.



Michelle Fallon

MARCH LUNCH AND LEARN

Due to the COVID-19 pandemic, it was decided to postpone the planned Lunch and Learn from March 18th to a date unknown at the time of publishing.

It's going to be led by Rana DeBoer, the Chief Culture Officer of the City of Sioux Falls. Rana is an experienced innovator with a demonstrated history of creating positive, sustainable growth in the performance of people and places.

When it's rescheduled, we will let everyone know.

Radical Resiliency for Leaders

Rana DeBoer - City of Sioux Falls





Jenn Folliard

As chair of the Policy Committee, member Jenn Folliard has been working putting together a panel discussion regarding local, state and federal policy involvement impacting women.

Topics to be covered are healthcare access and affordability, childcare and education, and equal pay for women.



Erin Healy

Confirmed panelists are Representative Erin Healy, and Susan Kroger from LEAD South Dakota.



Susan Kroger

Due to the COVID-19 pandemic, we are exercising social distancing, and are having our April meeting via ZOOM, allowing all members and panelists to stay safe while staying involved.

Register on the website as per usual, and a link will be emailed to everyone registered, prior to the event .

CHAPTER HIGHLIGHTS

In mid-March, our Mayor Paul Tenhaken recommended that those workers who are able to do their job remotely do so, changing many of our daily routines.

To combat the COVID-19 blues, and in lieu of highlighting one specific member, I put out a request that members share photos of what they've been doing since the quarantine went into effect. Work, home, social, kids, pets, and even a recipe, members sent it all. We're going to get through this, and in the meantime, let's enjoy a glimpse of each other's lives. Stay strong and stay healthy!



Shalista Anderson



Shalista Anderson



Jenn Folliard

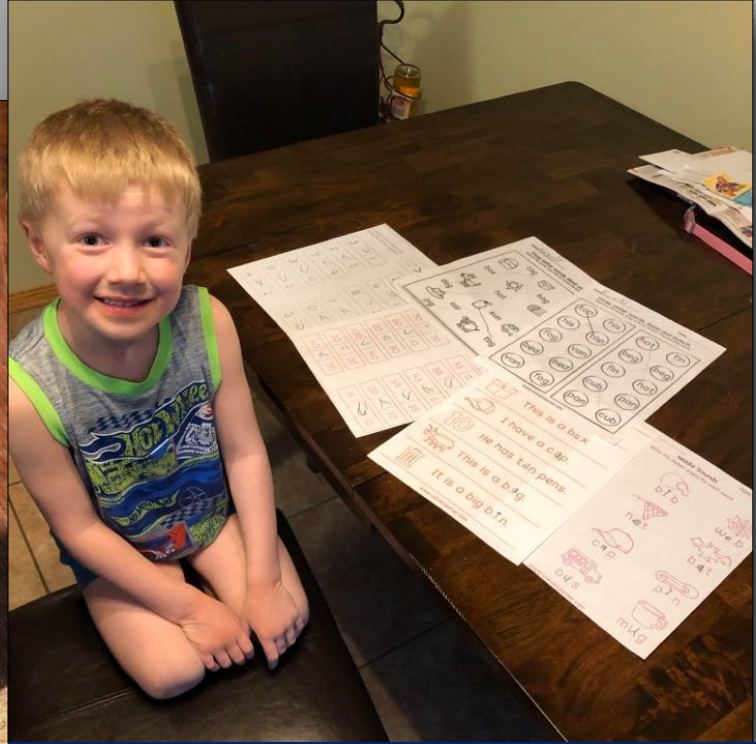


Shalista Anderson

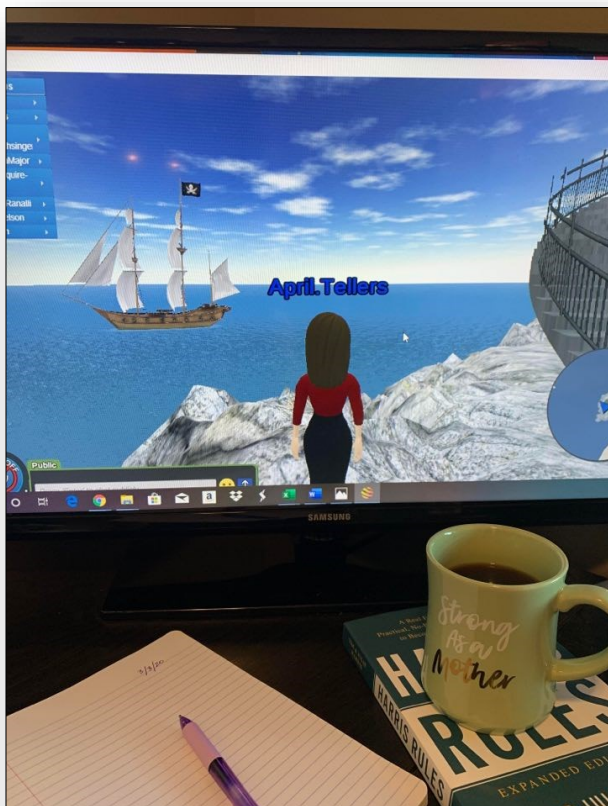
CHAPTER HIGHLIGHTS



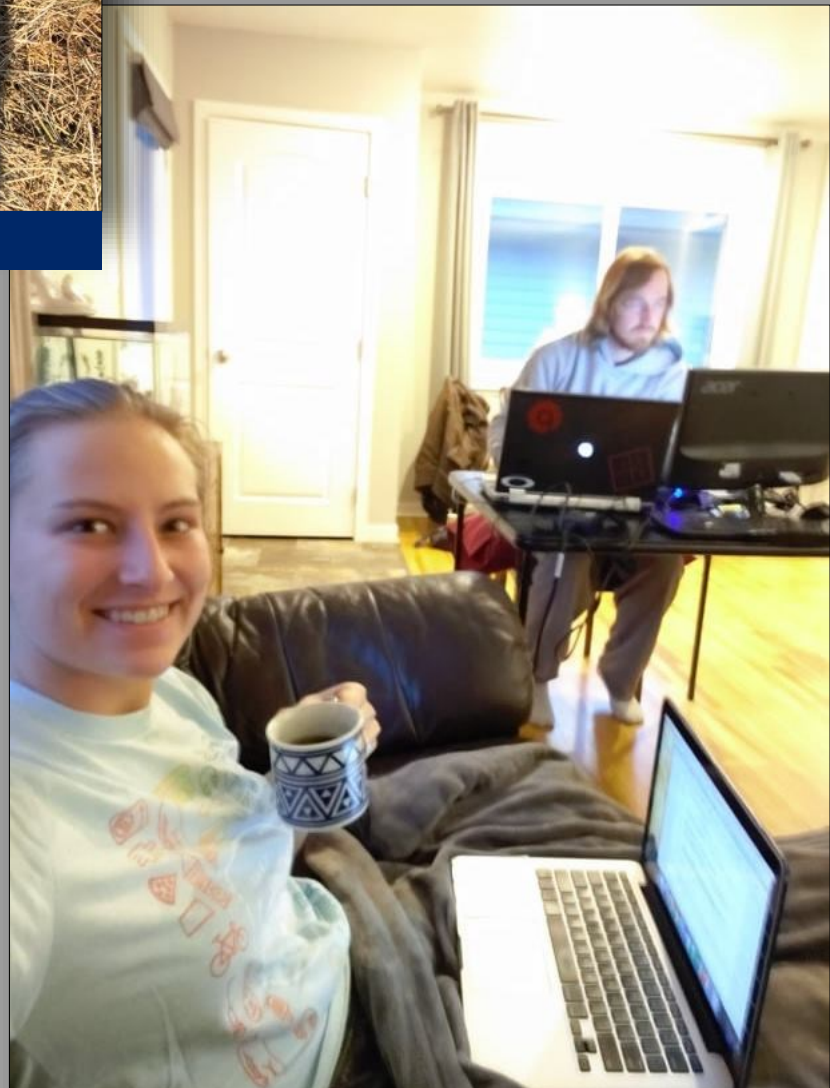
Gabrielle Hoing



Gabrielle Hoing



April Tellers



Alexa Giebink

CHAPTER HIGHLIGHTS



Jennifer Rothenbuehler



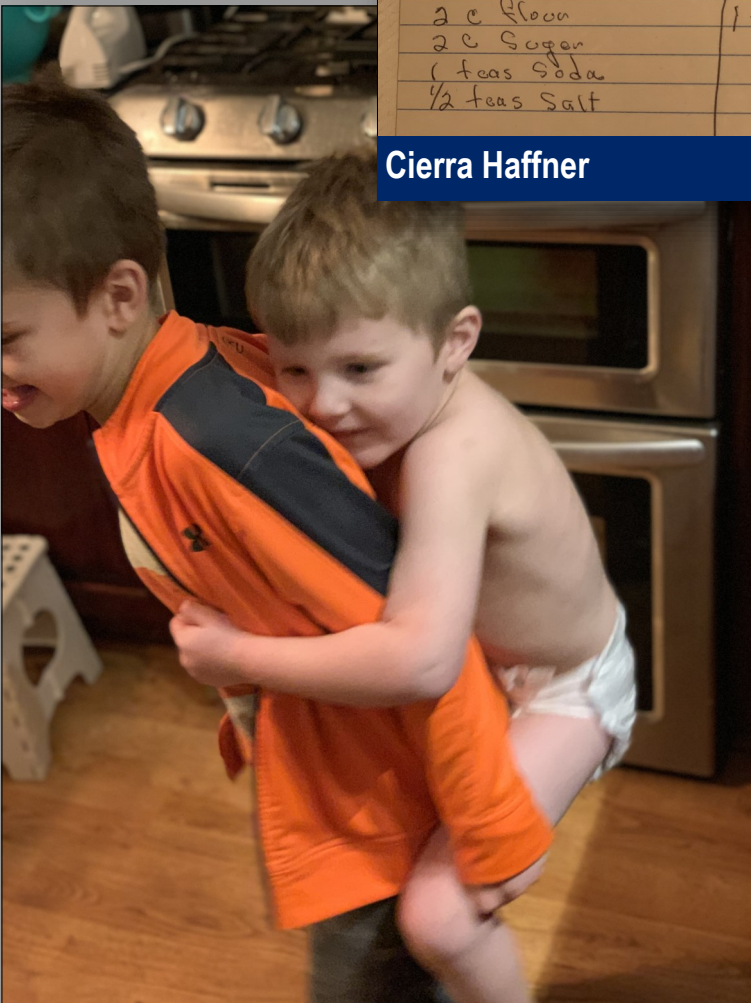
Jennifer Rothenbuehler

Favorite Chocolate cake		350°
2 sticks ole	Melt	Add last
1 cup water		2 eggs
6 Tbs Cocoa	Add to	1/2 cup milk
2 c Flour		1 tbs Sugar
2 c Sugar		1 teas Vanilla
1 teas Soda		
1/2 teas Salt		

Cierra Haffner



Kelli Bullert

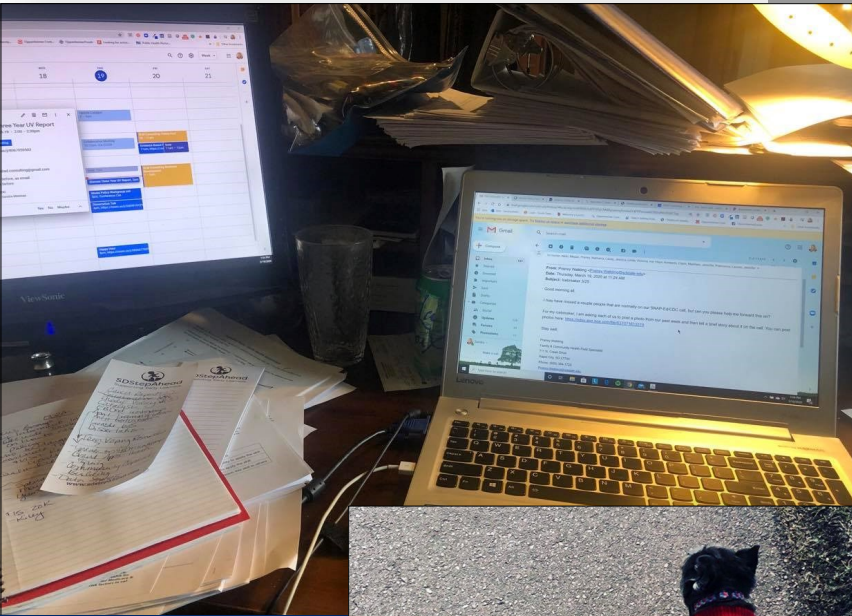


Cierra Haffner



Cindy Schoppert-Pickett

CHAPTER HIGHLIGHTS



Sandra Melstad



Sandra Melstad



I invited a friend over!

Rebecca Zabel



Maureen Ohm



Maureen Ohm

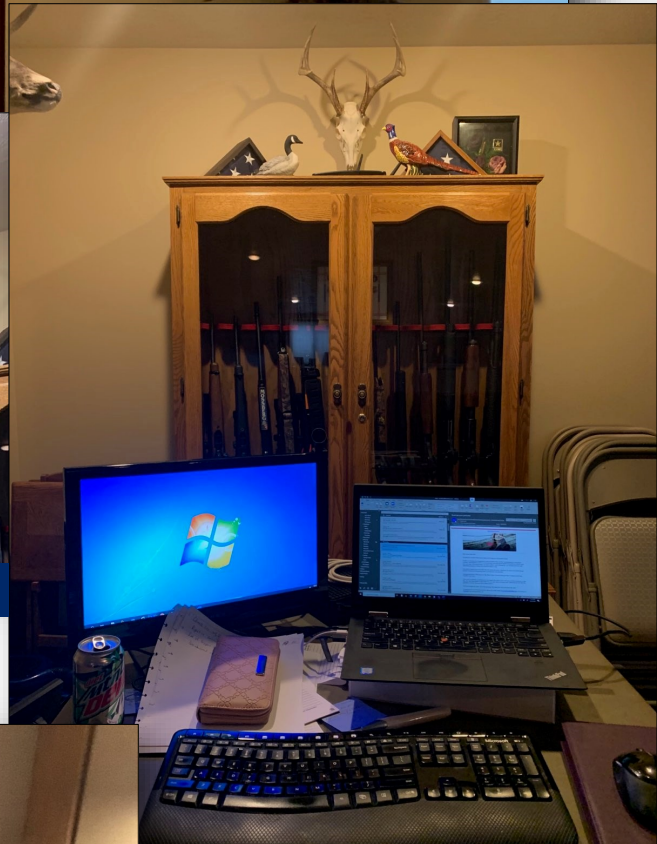
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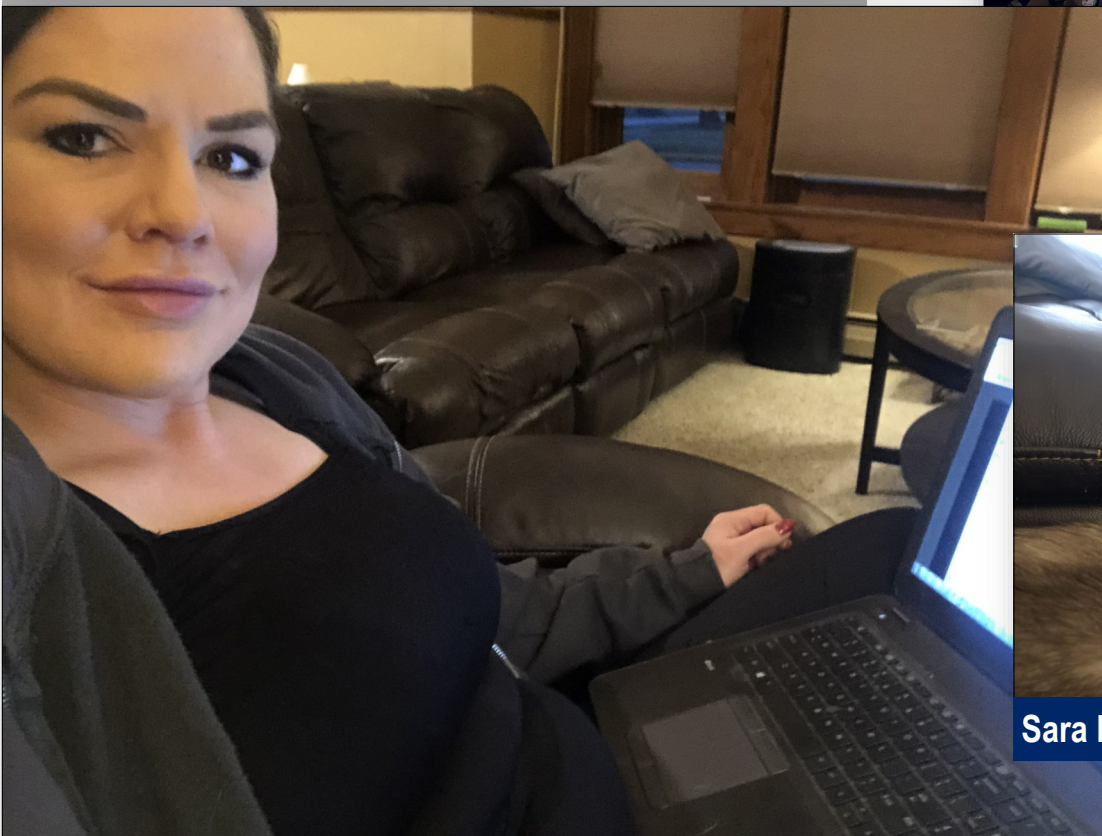
Lori Sisson



Lori Sisson



Lori Sisson



Sara Misterek



Sara Misterek

CHAPTER HIGHLIGHTS



Heather Christiansen



Heather Christiansen



Heather Christiansen



Emily Pogue

MEMBERSHIP NEWS

WE'RE HOLDING A MEMBERSHIP DRIVE,
AND ARE CHALLENGING EVERYONE TO
GET INVOLVED!

Due to the
COVID-19
pandemic, we're
pushing out the
challenge another
month.

- Bring a guest to a meeting and get your name put in a drawing for a FREE MEAL! One entry PER GUEST!
- If your guest becomes a member, you AND your guest get entered into another drawing where you are BOTH eligible to win \$50 gift cards!
- We will draw in June for the free meal, in July for the \$50 gift cards

Make sure and let me know about your guest, so I can keep track. If I don't know you brought a guest, I can't enter you! Just drop me an email

Sara Misterek

Membership Chair



SIoux FALLS

BUSINESS &
PROFESSIONAL
WOMEN



APRIL BIRTHDAYS

Robyn Hansen, *April 1*

Kylie R Keiser, *April 4*

Nicole J Griesse, *April 8*

Cindy D Shuck, *April 10*

Deb Snelling, *April 11*

Sarah Busse Spencer, *April 23*

Rebecca Zabel, *April 28*



NEWSLETTER ITEMS WANTED

Submit your information to Sara Misterek by the second to last Friday of the month. We are looking for the following information:

- Promotions
- Good News
- Help Wanted
- Congrats!
- New Baby
- Marriages
- Company News
- Retirements
- Movers & Shakers
- Kudos



MEETING RSVP REMINDER

Just a reminder that RSVP's for our monthly meetings are due by noon on the Friday prior to the meeting. If you have changes to your RSVP after noon, please email Sara Misterek to make her aware, so she can let the hotel staff know.

Understandably, we are all busy, and sometimes last minute schedule changes are unavoidable, but the number of same-day registrations has been slowly climbing. This creates undue stress on the hotel staff, and will help in the amount of extra time spent if RSVP's can be made in a timely fashion.

Thanks for your cooperation on this!

CHAPTER CALENDAR OF EVENTS

APRIL
2020

SUN	MON	TUE	WED	THUR	FRI	SAT
			1	2 BOARD MEETING via ZOOM	3	4
5	6	7	8	9	10	11
12	13	14 <u>April Meeting</u> <u>Jenn Folliard</u> <u>Featured Speaker</u>	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29 <u>April Social</u> <u>Look's</u> <u>Marketplace</u>	30		

APRIL MEMBER MEETING:

APRIL BOARD MEETING:

APRIL SOCIAL:

April 14th, 11:45AM Zoom meeting

April 2nd 12:00PM Zoom meeting

April 29th, 4:30PM Look's Marketplace

APRIL EVENTS

At the time of publishing, all known events for the month of April are still cancelled/postponed due to the COVID-19 outbreak.

The April BPW membership social at Look's Marketplace is still on the books. If we need to postpone it again, the website and Facebook page will be updated, and a letter to members will go out.



UPCOMING

In April, we're going to start looking at electing officers and committee members for the 2020-2021 fiscal year.

If you're thinking you'd like to get involved, now's the time!

Additionally, BPW is hosting July's DTSF mixer, so let's start thinking about where we want to host it, refreshments, etc.

Register for the April membership meeting and talk to us, or reach out to any of the board members for more information, we'd love to talk with you.

YOU ARE INVITED!

NEXT MEETING

DATE

Tuesday, May 12th

LOCATION

Convention room at the
Ramada on Russell

SCHEDULE

11:45: Check in, lunch buffet

12:00: Meeting starts

COST

\$15 for lunch

First time guests always eat free!

OUR MISSION

Enhance the Business and Leadership Potential of all
Women through Networking, Professional and
Personal Development

**THE SIOUX FALLS BUSINESS AND PROFESSIONAL WOMEN
INVITE YOU TO CHECK OUT ONE OF OUR MEETINGS**

In order for the staff to estimate food quantities, we ask each guest to pre-register.

Simply visit www.sioxfallsbpw.com, click on the Event Calendar, and select the next meeting, or email Sara Misterek at sara.misterek@stamarkcabinetry.com



SIOUX FALLS

BUSINESS &
PROFESSIONAL
WOMEN

Find us on 